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I have lived with depression most of my life. With proper medication and emotional support, my life is pretty good. There are still times of depressive lows when the idea of ending it all sounds like a good idea. If it was as easy as flying to Oregon to see a provider who would prescribe the lethal drugs that I could get after a 7 day waiting period, why wouldn't I? I could tell family and friends I was going to Oregon for a vacation. I could arrange to see a provider when I got there, check into a cheap hotel for a week, get my prescription and be dead at week's end. No more depression. That whole scenario horrifies me! Yet I can see another scenario when I sink into the depths of despair where it sounds like a really good idea. Even though I seldom find myself in that dark place, it does happen sometimes. Life should be encouraged, not death.