

Submitter:	Kirsten Crowley
On Behalf Of:	Our kids
Committee:	Senate Committee On Education
Measure, Appointment or Topic:	HB2251

My name is Kirsten Crowley, and I am a pediatrician who has practiced in Oregon for 24 years. I live and work in Tigard, and I grew up in Lake Oswego where I attended elementary, middle, and high school. I have three children who have passed through the Tigard Tualatin School District, and I have volunteered as a Scout Leader in Scouting America. I have a longstanding dedication to the children in Oregon.

I am requesting you pass HB2251. During my time as a pediatrician, I have been on the front lines trying to combat the mental, physical, and social impacts of cellphones on the lives of our kids. I am well acquainted with the escalation in mental health issues, school challenges, disconnection from peers, and skyrocketing obesity that is linked to 24/7 device use, and I am scared for the future of our state. The studies are clear that in school cellphones are a distraction from the learning process and social development that will allow our kids to flourish and take over for us when we retire. Please vote for the future of Oregon and pass this bill that will bring our kids back together and help them thrive!

<https://www.afterbabel.com/p/phone-free-schools>