

Submitter: Nicholas Chamley

On Behalf Of:

Committee: Senate Committee On Health Care

Measure, Appointment or Topic: HB3824

I am a Doctor of Physical Therapy that was trained in the use of monofilament needles 10 years ago in the states of Utah and Texas. I successfully practiced dry needling and implemented this modality to help many people avoid dangerous and costly surgery, injections, medications. I then moved to Portland, OR in 2014 and was forced to remove this useful modality from my practice due to gatekeeping and turf protecting acupuncture lobbyists who feel they are the only people capable of administering a low risk technique putting needles in muscles.

I then moved up to WA state in 2018 and continued to advocate for my profession. Fortunately, our legislature passed a similar bill to HB 3824. I went through the rigorous training (again) to update my knowledge before implementing dry needling again. I am grateful to now be back using needles as one aspect of my practice to help WA state residents feel better and get more active, improving their quality of life with this tool. And there have been no adverse events in the thousands of needles my colleagues and I have placed.

It's time for Oregon to join 46 other states and stop limiting patient choice.