

Submitter: Paul Killoren  
On Behalf Of: Oregon Physical Therapists  
Committee: Senate Committee On Health Care  
Measure, Appointment or Topic: HB3824

Since 2010, my career and professional roles have centered almost exclusively around one thing - the practice of dry needling. More specifically, I have been involved with dry needling education since 2014 in both continuing education and adjunct DPT faculty roles. This has given me a significant sample size to answer one relevant question - are PTs able to safely learn dry needling in a condensed continuing education setting?

Personally leading over 200 dry needling weekend intensive continuing education courses, plus 10 live dry needling lab modules as adjunct faculty for DPT students - the answer is 'YES'.

In terms of safety, the incidence rate of adverse events in these settings (when professionals are FIRST learning this skill) matches the risk profile you've likely already heard - extremely low. In terms of aptitude, appreciating the foundational and requisite education which allowed these professionals to attend a dry needling training, the skill is quickly and effectively adapted into practice. This also matches the 2015 and 2024 Dry Needling Competency Reports conducted by HUMRRO and the Federation of State Boards of Physical Therapy, which concluded 86% of the competencies relevant to dry needling were attained in DPT education.

Please consider voting in SUPPORT of HB3824 during this committee session because it is a valuable tool, but one that can be adapted safely and effectively by physical therapists.

Thank you,

Paul Killoren PT, DPT