

Submitter: Rob Routledge
On Behalf Of:
Committee: Senate Committee On Health Care
Measure, Appointment or Topic: HB3824
Senate Testimony (cont):
Date 5.8.25

Good afternoon again, Chair Patterson, Vice Chair Hayden, members of the committee, my name is Rob Routledge. I am from Lake Oswego and a native Oregonian. I am submitting additional testimony in support of HB 3824A.

Specifically, I have heard many claims over the two days of testimony this week pertaining to Dry Needling that are misleading at best. First, it is well known and established that Dry Needling is a Physical Therapy technique.

Dry needling is an adjunctive treatment procedure that is recognized as being within the physical therapy scope of practice by the 2014 version of the 'Guide to Physical Therapy Practice',¹ Guide to Physical Therapist Practice. 3.0. Alexandria, VA: American Physical Therapy Association; 2014. [Google Scholar]

<https://pmc.ncbi.nlm.nih.gov/articles/PMC4970854/>

A Dr. of Acupuncture states it directly on her website home page in Portland advertising dry needling: <https://tothepointpdx.com/>

"Dry needling is a physical therapy technique that focuses on releasing muscle trigger points and can only be administered by an acupuncturist in the state of Oregon who is certified in the technique."

Can someone please explain to me how a Physical Therapy treatment technique cannot be performed by a Physical Therapist in Oregon?

Furthermore, the same Doctor of Acupuncture states "Acupuncture is not dry needling. Dry needling is not acupuncture. Acupuncturists are not taught the dry needling technique during their 2,000 hour training requirements. Dry needling is not acupuncture. Physical therapists and chiropractors are not taught acupuncture techniques in their educational programs." <https://tothepointpdx.com/dry-needling-in-portland>

This individuals certification in Dry Needling came from: "The needling techniques used by the To The Point PDX providers in a dry needling treatment are specific to

dry needling techniques taught by Myopain Seminars."

THE SAME WEEKEND COURSES PT'S ATTEND THAT OMA AND
ACUPUNCTURISTS CLAIM DO NOT PROVIDE SUFFICIENT TRAINING!

If you go to the Myopain Seminars website:

<https://myopainseminars.com/dry-needling-certification-program/>

It states that clinicians eligible to attend and become certified in DN include: Physical Therapists, Occupational Therapists, Acupuncturists, Athletic Trainers, Chiropractors, Dentists, Veterinarians, Physicians, Physician Assistants, Nurses, Nurse Practitioners.

Please vote yes, and move this bill forward. Oregonians deserve the best treatment options available to treat muscular skeletal impairments, by the foremost experts in Muscular Skeletal Rehabilitation.

Thank you for your attention to this very important matter.