

Submitter:	Rachel Henderson
On Behalf Of:	HB3428A
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Hello, I am a Doctor of Physical Therapy with 13 years of experience. I completed over 100 hours of CE for my dry needling certification. I have used this modality in treating patients for 11 years. I have had zero side effects greater than a superficial bruise. The DPT education is thorough in anatomy and kinesiology for safe application of needle techniques. Advanced training through over 50hrs of CE has allowed my colleagues to be safe in performing dry needling. In my career I have even partnered with acupuncturists (multiple Doctors of Oriental Medicine in multiple states). The collaboration is hugely beneficial to our patients. I am unaware of any PT coworker that has had a pneumothorax or hematoma or ruptured muscle/tendon. I have known several that after 2 or 3 dry needling sessions have accurately referred the patient to acupuncture for a more appropriate intervention. I have worked with PTs 0-3 years experience and 20+ years experience using dry needling. Patient safety is only a concern when the PT has not completed their coursework of a minimum 2 weekend seminar (approx 50 hrs). I am happy to advocate and answer follow up questions. Dry needling has been safely performed by PTs for decades. The practitioners that cause patient harm or poor outcomes are in multiple disciplines and not a reflection of the safety of the public under the care of PTs that use dry needling.