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**Date:** May 8th, 2025

**To: Chair and Members of the House Committee**

Oregon State Legislature

**RE: Support for HB 3824A – Physical Therapy Modernization Act**

Dear Chair and Committee Members,

My name is Dr. Jessica Nastarin, a licensed physical therapist practicing at Therapy Works Physical Therapy in Bend, OR. I am writing to express my full support for HB 3824A, the Physical Therapy Modernization Act. This bill is a timely and essential step toward aligning Oregon's physical therapy scope of practice with both contemporary clinical standards and the real-world needs of our patients.

In my daily work, I witness the unnecessary delays and inefficiencies that result from limitations in our current statute—particularly around prescribing durable medical equipment (DME), administering certain procedures, and providing telehealth services. HB 3824A would allow physical therapists to prescribe DME directly, which is not only within our clinical expertise but would dramatically streamline care for patients who need braces, mobility aids, or other supports essential to their recovery.

This legislation also recognizes the importance of accessible care through telehealth—a service that became indispensable during the pandemic and remains critical for patients in rural or mobility-limited circumstances. Formalizing telehealth in our scope enables us to meet patients where they are, while still delivering safe and effective interventions.

Additionally, dry needling has become a widely accepted and evidence-based technique in physical therapy for managing pain and musculoskeletal dysfunction. By modernizing the language and scope in our practice act, HB 3824A ensures clarity and safety in the application of such procedures.

These updates are not about expanding for expansion's sake—they are about improving care, reducing unnecessary burdens on patients and providers, and enabling physical therapists to work to the full extent of their training. I respectfully urge the committee to pass HB 3824A.

Thank you for your time and your commitment to advancing healthcare access and quality in Oregon.

Sincerely,  
**Jessica Nastarin, PT, DPT**  
Therapy Works Physical Therapy  
Bend, OR