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Chair and Members of the House Committee,

My name is Lynne Marshall-Brook, and I have been a practicing physical therapist in Oregon for 32 years. I currently work at Tigard Physical Therapy and Massage, where I treat a diverse range of patients seeking relief from acute and chronic musculoskeletal conditions. I am writing in **strong support of HB 3824A**, the Physical Therapy Modernization Act.

This bill is a long-overdue update that brings Oregon in line with best practices already established in many other states. It recognizes the clinical training and evolving capabilities of licensed physical therapists while reducing unnecessary delays and referrals for patients who need timely, effective care.

One area of personal and professional significance to me is the practice of **Dry Needling**. I hold national certification in this technique and have witnessed firsthand its potential to dramatically improve patient outcomes. For conditions like plantar fasciitis or lateral epicondylitis, I've seen the average course of care drop from 8–12 visits down to just 1–2 visits when Dry Needling is used appropriately and early. Unfortunately, despite being well-trained and credentialed, I am currently barred from using this technique in Oregon—a restriction that I believe HB 3824A will help modernize by clarifying the scope of practice and empowering the Oregon Board of Physical Therapy to set appropriate standards.

The bill's additional provisions—including allowing PTs to prescribe durable medical equipment, sign disabled parking permit applications, administer vaccines, and use sonographic equipment—are equally critical. These reflect common-sense authority that many other healthcare providers with less specialized training already have. PTs should not be forced to ask our patients to seek redundant appointments just to access a tool, a signature, or a timely vaccination that we are fully capable of providing safely.

As a clinician who has dedicated more than three decades to the profession, I see HB 3824A as a forward-thinking, patient-centered measure. It allows physical therapists to deliver more efficient, comprehensive, and accessible care—without compromising safety or quality. I urge your support of this bill and the important progress it represents for patients and providers across Oregon.

Sincerely,

Lynne Marshall-Brook, MS PT, LMT
Owner, Tigard Physical Therapy, Inc.