

Submitter: Ian Wilkinson

On Behalf Of:

Committee: Senate Committee On Health Care

Measure, Appointment or Topic: HB3824

Greetings I'm a licensed acupuncturist in Oregon opposed to HB 3824 A. I practice Orthopedic and sports medicine acupuncture. My degree was 3300 hours with 900 hours of clinical work, consisting of both western and eastern medicine and is licensed through the Oregon medical board. My sports medicine acupuncture certification was an additional 250 hours and involved studying 4 cadavers through the course of 2 years.

Over the last 8 years I have been a regular resource for the 20 + nike endorsed olympic runner who trained out of Portland as well as NFL athletes. I treat pain and I get incredible results.

I use muscle motor points discovered by scientists in the 1950 under electron microscopes and I use empirical points that are 3000 years old. I'm trained to needle trigger points, motor points, change muscle tone and tension while regulating the nervous system and manipulate fascia with a needle. As well as increase blood flow to a muscle, a basic Chinese medicine concept

The physical therapy house bill 3824 includes the small words 'needle insertion'. This wording surpassed many eyes and ears because it is so vague. Under further consideration and questioning of the pts pushing it they are describing one of the bills function to "dry needle". Dry needling is an appropriated version of acupuncture done by individuals who don't have acupuncture degrees to " increase blood flow to a muscle:. The fact that this bill is labeled so vague and discrete demonstrates the lack of transparency for these pts ethically do this.

Pts can get a certificate to dry needle in unregulated states, in as little as a weekend course. They literally use acupuncture needles to perform this procedure. There are no such things as dry needles. That was a term coined in the 1980s when doctors accidentally realized that using an injection needle with out fluid was getting painful results in some patients. Since then they realize acupuncture actually does this much better so they use acupuncture needles in amateur techniques.

I have heard horror stories first hand from the Olympic training center where my own gold medal athlete received dry needled and their Gastroc head separated after some improper needling techniques combined e stem.

Last month a patient returned from Texas to describe his dry needling experiences as this.

“Poor and ineffective. The person was jabbing with the technique and I had to tell him where to place the needle instead of him knowing. He could not tell when there was a release and relaxation of the muscle and body without verbal input either. It made me feel uncomfortable in the treatment I was receiving. It also was not an effective treatment. Left me sore and fatigue in a way I’ve never felt under your care”

I’ve observed some of these techniques online and see their piston-ing, which has been done in East Asia for 3000 years. The technique is formally known as CANG GUI TAN XUE. It takes years to perfect to not harm the patient.

If PTs want to needle they can go to acupuncture school