

Submitter:

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On Behalf Of:

Committee:

Senate Committee On Health Care

Measure, Appointment or Topic:

HB3824

As a licensed physical therapist with over 8 years of clinical experience—and as an educator who teaches dry needling to fellow PTs—I’ve seen firsthand the transformative power this technique brings to patient care. Dry needling is not just a tool; it’s a critical intervention that allows us to target neuromuscular dysfunction with precision, accelerate healing, and restore movement in ways that traditional manual therapies sometimes cannot.

When I teach dry needling, I emphasize safety, anatomical precision, and clinical reasoning—skills that physical therapists are uniquely trained to apply. Our deep knowledge of the musculoskeletal and nervous systems, along with our training in differential diagnosis and functional movement, makes us well-suited to integrate dry needling into comprehensive treatment plans.

Every day, I hear from therapists who are seeing breakthroughs in patients who had plateaued with other approaches—patients with chronic pain, post-surgical complications, or movement restrictions that seemed unresolvable. Dry needling, when performed by a well-trained PT, can make a life-changing difference.

Restricting access to dry needling for physical therapists not only undermines our profession’s scope but also limits patients’ access to effective, evidence-based care. Our goal is always to help people move better, feel better, and return to the lives they love. Dry needling is an essential tool in that mission, and we should be empowered to use it to its fullest potential.