

Submitter: Emily Aven
On Behalf Of:
Committee: Senate Committee On Health Care
Measure, Appointment or Topic: HB3824

To whom it may concern, I am a physical therapist who treats a lot of patients with acute and chronic pain. Some of the patients that I see who are suffering the most are those with endometriosis, a chronic condition that, even when treated with surgery, can continue to cause significant pain. They tend to have challenges with access to care. These patients, and many with chronic pain, benefit from several modalities of treatment. Dry needling is exceptionally helpful in addressing specific areas of musculoskeletal pain so that they can tolerate physical activity to further address their pain. I also see dry needling significantly help people with acute pain, as it can help move healing to resolution faster. The musculoskeletal approach PTs use to treat pain with dry needling is a safe, effective, evidence-based practice and it would serve the population of Oregon well to allow PTs to use this modality.