

Submitter: Shalena Havens

On Behalf Of:

Committee: Senate Committee On Health Care

Measure, Appointment or Topic: HB3824

I have been involved with Acupuncture since 1995. I worked 4yrs as a clinic assistant while attaining my BA in Biological Sciences. I then went to Acupuncture school for 4 yrs FULL TIME, I passed National Board exams, have continuing education annually. I have a solo practice in Milwaukie where I personally see 50 patients a week for PAIN management. I use my knowledge of muscles, to release trigger points daily. I stay in my lane and refer out for Physical Therapy and Chiropractic. Working cooperatively within our scopes keeps everyone safe. Not knowing how to balance be energy of Acupuncture and only treating Trigger Points disregulates a patient, in the short term there's relief, long term, complications