

Submitter: Melody Hawkins
On Behalf Of:
Committee: Senate Committee On Health Care
Measure, Appointment or Topic: HB3824

Hello,

My name is Melody and I am currently a resident of Wilsonville, OR. I am a disabled member of our community and struggle with Hypermobile Ehlers-Danlos Syndrome. This causes me a lot of pain, especially muscle pain.

I used to live in Anchorage, AK, where dry needling by physical therapists is legal and available for people like me. I have gotten great relief from dry needling from physical therapists whereas other therapies, even acupuncture, have failed me. Physical therapy, in conjunction with other therapies, is very helpful for people like me.

I would love to see dry needling be widely available to those who need it, especially from physical therapists. This is because people with complex needs like me already have to see so many different specialists for different needs. If more treatments were available all with one specialist, such as an experienced physical therapist, it would make receiving these treatments much more accessible.

Thank you for your time.