

HB 2387 // Psilocybin Regulatory Changes

House Testimony

Chair Reynolds, Vice Chair Anderson, and members of the committee:

My name is Dacia Grayber, and I represent House District 28, which includes SW Portland and East Beaverton. I'm happy to be here with you today as the Chief Sponsor of HB 2387, the Oregon Psilocybin Services Program Improvement bill. In 2020, I endorsed Measure 109 because I believe that here in Oregon, we have the ability to be on the **cutting edge** of this innovative, **proven**, and effective therapy for depression and Post-Traumatic Stress Injuries. Psilocybin therapy has been extensively studied, and is shown to be a promising tool for people experiencing acute mental health conditions.

As a legislator, a firefighter, and an advocate for community health, I believe access to psilocybin therapy is an **important option** for additional mental health services urgently needed in our community, especially for people experiencing depression, end-of-life anxiety, and those who put their lives on the line in service of this country. I also want to call your attention to the fact that every day, **over 22 veterans** in this country take their own life due to profound PTSD, and psilocybin therapy has been shown to

be one of the most promising breakthroughs in treatment of PTSD in recent history. Our veterans deserve this opportunity for healing.

I have spent my life serving my community as a firefighter, and now a Legislator as well. I carry with me the reminder of what's possible when we don't take no for an answer, and instead **redefine possible** by tackling our most pressing issues and problems with forward-thinking, evidence-based solutions. We have the opportunity here to **redefine opportunity** for some of our most profoundly affected community members and create an innovative and proven path to healing that is safe and effective.

HB 2387 makes **technical changes** to the **Oregon Psilocybin Services Program** that are widely supported by the communities impacted and the services providers who deliver these critical mental health services. You will hear more about the bill's changes and why they are needed from other speakers, but I want to highlight a few:

- The bill creates legal pathways for health care providers to offer psilocybin therapy, creating stronger informed consent practices for clients, and the potential for consistency with a specific provider.
- The bill also adds requirements for licensed psilocybin facilitators to label and discuss the true potential potency of

the psilocybin product with their clients before receiving treatment.

- Finally, **veteran status** is added to the list of demographics collected by the program, to create more transparency and information around veterans' experiences with psilocybin therapy.

I encourage you, as community leaders, and as my colleagues, to support these technical improvements to the Oregon Psilocybin program for our community to utilize a promising new therapy sure to benefit many of our own neighbors and friends.

Thank you for the opportunity to weigh in on HB 2387.