

Submitter: Rachel Jemmott

On Behalf Of:

Committee: Senate Committee On Health Care

Measure, Appointment or Topic: HB2143

I am a student practicing community acupuncture in Portland, OR. I also work as a licensed massage therapist treating post-accident patients who often deal with chronic pain. It is my experience that we need every tool there is to ensure adequate treatment of this complex problem. 5NP is an affordable, reliable, and accessible method of care. Not only does it address chronic pain, it also addresses other major systemic challenges like mental health and addiction recovery. Oregon needs as many folks as possible practicing this medicine; patients need this option available. By offering this training to folks in diverse communities, not just to licensed acupuncturists, we provide more treatment options for those communities.