

Submitter: Jamila Wilson

On Behalf Of:

Committee: Senate Committee On Health Care

Measure, Appointment or Topic: HB2143

Good day chairperson and committee members,  
We often look for that one thing that will strike gold, well this bill is it.

Providing access for first responders, nurses, substance abuse counselors, and community health workers to a 5 needle auricular acupuncture protocol that activates and supports the parasympathetic nervous system and promotes detox, is the way to support public health during, after, and in preparation for disasters.

The Five Needle Protocol (5NP) is an emergency preparedness tool in a public health's toolbox. It ensures people have access to immediate care during a disaster that promotes health and wellbeing and help to mitigate the impacts of stress and trauma. Evidence shows that during the long years of recovery utilizing community centered, low barrier public health resources like 5NP supports individuals' resilience.

Provide a low cost and high return investment for the people of Oregon by supporting this bill.