Submitter:	Tianyu Qiao

On Behalf Of:

Committee: Senate Committee On Health Care

Measure, Appointment or Topic: HB2143

Members of the committee:

My name is Tianyu Qiao. I'm testifying and writing to you all in support of the Oregon House Bill HB2143 for 5NP.

This simple yet effective treatment:

- is easily learned by lay individuals;
- is administered in a wide range of environments;
- can and is already used in many states for treating alcoholism, substance abuse, trauma and chemical dependency;
- can be broadly accessible compared to many other modalities of treatment.

I sincerely appreciate your consideration for expanding community access to safe, inexpensive and humble treatment like 5NP. Please vote in favor of HB 2143.

Thank you.