

Submitter: Maddie Foley
On Behalf Of:
Committee: Senate Committee On Health Care
Measure, Appointment or Topic: HB2143

My name is Maddie Foley, and I am a doctor of Acupuncture and Chinese medicine practicing in the Eugene area. I am strongly in favor of HB 2143A. We are all aware of the crises of mental health and addiction in our state and country, and that non-pharmacological interventions like acupuncture can help, and deserve a seat at the table when exploring solutions. Acupuncture works, but only if people are able to access treatment. I regularly use the five needle protocol in my practice and can attest to its consistent ability to calm people in crisis, to curb cravings, and to help ease the tensions that bind people to their stress and to their addictions.

As a clinical intern in my doctoral program I gave 5NP many treatments to people in recovery at Fora Health in Portland, and I watched them take deep sighs and breathe and be able to have clarity and calm in a matter of minutes, even for patients in acute detox. People are dying, whole communities are hurting, and the five needle protocol is a safe, easy, effective, and CHEAP way to support and uplift the most vulnerable members of our society, without any side effects. There are just not enough acupuncturists to fill the need, and as a medical provider it is all hands on deck in these times. The five needle protocol is a simple tool that changes lives for the better and needs to be widely utilized. HB 2143A can help fill that gap throughout the state, especially in underserved areas and populations who need it the most. In a time where things seem to be going from bad to worse, I urge you to help with our efforts to make things better, in any way that we can, and support HB 2143A. Thank you for your consideration.