

Submitter: Julie Lewis  
On Behalf Of: Oregon Recovers  
Committee: Joint Committee On Addiction and Community Safety  
Response  
Measure, Appointment or Topic: HB3197

Dear Committe,

Alcohol is still the leading #1 killer amongst addicts and truly leads to relapse on narcotics and other substances. I went to prison 30 years ago and have been sober from 28 years. I value HB3197 as it will help. We need to educate and have more programs available. Oregon needs to support more recovery on every avenue if we are going to make a dent in the crisis. My daughter has 10 months sober and if it was not for programs like Another Chance, 4D, Oregon Recovers with AA and NA would she have gotten sober. I share stories of Real Recovery on my podcast, and it is possible. I became a CRM (Certified Recovery Mentor) to make a difference, and you can make a difference as well. Please look into providing more support for these programs in prevention in youth, treatment and detox for adults and foundations and environments like 4D, Quest Center, True Colors where recovery is everything. Thank you for reading this.