

Submitter: Douglas Perednia

On Behalf Of:

Committee: House Committee On Education

Measure, Appointment or Topic: HB2251

Dear Committee Members,

As a physician, business person, and parent I know that it is absolutely critical that you support and implement banning the use of cellphone by students in schools during school hours. These devices are known to shorten attention spans, disrupt learning, and can both directly and indirectly lead to loneliness, depression, and low self-esteem. The science documenting the relationship between intensive cell phone use and poor learning and mental health could not be clearer. Please vote for this measure.

Douglas Perednia, M.D.