

My name is Paulette Bierzychudek and I am an Oregon resident of House District 41. I write to offer my strong support for HB 3134.

Over the last year I have experienced shoulder impingement, a fractured vertebra, and a hip replacement. Recovery from all of these has involved physical therapy. In several of these situations, my ability to receive physician-prescribed physical therapy was delayed by a wait for insurance authorization. Just two days ago, I finally received authorization for a regimen of physical therapy that was supposed to have begun over a month ago. These delays have slowed down my recovery. Delays and restriction of health care access lead to poorer health outcomes for Oregonians. HB 3134 proposes a reasonable solution, and for this reason I urge your support.