

Submitter: Emily DeCarlo

On Behalf Of:

Committee: House Committee On Behavioral Health and Health Care

Measure, Appointment or Topic: HB3134

Please consider eliminating prior authorization for physical therapy services (or OT or SLP). Seeking authorization creates extra work that is unpaid. In physical therapy, there is very little profit margin for smaller and private facilities. Seeking authorization also delays start of service and reduces compliance for clients. Slow start of therapy support increases stress and distress adding to the mental health burden that is so high. Clients who are in pain or reluctant to be active can lose motivation or get caught in the other demands of a busy life at expense to their health. This just increases costs down the road. Clients sign up for health insurance. They should be able to receive the therapy included in that care without an unnecessary gate keeper step. It feels like add bureaucracy.