

Submitter: Rhiannon Bittner
On Behalf Of:
Committee: House Committee On Behavioral Health and Health
Care
Measure, Appointment or Topic: HB3134
To Whom It May Concern,

As a physical therapist assistnat here in Oregon, I'm writing to share my support for House Bill 3134, especially its efforts to reform the prior authorization process for physical therapy services. This bill is an important step toward helping patients get the care they need without unnecessary delays or red tape.

In my work, I've seen how frustrating and harmful prior authorization requirements can be for patients. These delays often mean people have to wait longer for treatment, ultimately leading to more care being required—whether they're recovering from an injury, dealing with chronic pain, or trying to regain mobility. Waiting for approval can slow down progress, cause unnecessary stress, and often even make their health worse. The longer someone is limping, for example, the more likely they are to start to having back pain, which is often an issue that requires even more physical therapy. HB 3134 would help cut through these barriers and allow physical therapists like me to focus on providing timely care that makes a real difference in people's lives.

By passing this bill, Oregon has the chance to make healthcare more efficient and patient-centered. I hope you'll support HB 3134 and help us prioritize care over paperwork—it's a win for everyone involved.

Thank you for considering this important issue!

Sincerely,
Rhiannon Bittner, PTA