

Submitter: Lynsey Adams
On Behalf Of: Woman's jail and prisons in Oregon
Committee: Senate Committee On Health Care
Measure, Appointment or Topic: SB293

Hi my name is Lynsey Adams so this letter is on healthcare for people that are locked up in jail or prison in Oregon. So I know that people think we'll there locked up who cares what kind of healthcare they get. Well what I have to say about that is, well is it anyone else's job to play God and not care about a person that is still living and breathing even though they are locked up. Well no is my answer to that. The way that people are treated in prison and jail are just disgusting. The 38 months I spent total for a crime I didn't do. I saw and experienced the most inhumane things I have ever seen in my life. Just because people get locked up shouldn't be ok for others to treat them like they are garbage. I witnessed people not being taken to a hospital right away and almost dying and also dying because of the healthcare in jail and prisons don't do anything in time. I had friends die because of it being taken to ER and another friend almost lost her life because she had such a bad infection in her mouth that it almost killed her. She went from to jail to prison and they didn't get her to the ER for weeks and when you got mouth infection that is serious stuff. And you should not ever mess with infection in the mouth because you can die from it and she almost did. By the time they got her there the doctor told her that she probably only had a hour or so left to live. And that is scary stuff dealing with your life and almost dying because they take there time on getting you to the ER. There needs to be better medical and dental doctor's if they don't like having to get them to ER because I know it's stressful to have to take someone in handcuffs to ER and watch them so they don't run. So to provide better medical and dental for the inmates would be a really good needed thing to happen. Like have there own ER on site or something to make it easier for both parties, the staff and the inmates. I also had another friend die at the age of 33 years old because they diagnosed her wrong sent her back to her cell and she died from what was really wrong with her and that was really hard on a lot of people that knew her. I also experienced myself I had a DVT which is a Deep Vein Thrombosis. And the doctor and nurses just stuck me in a wheel chair and over a week went by and when the surgeon finally came to see me he was so upset that they stuck me in a wheel chair, the surgeon said that it's the worse thing to do to someone in if they got a DVT. He yelled at the doctor and nurses about it. It scared me to know that they almost killed me by doing that to me because they just don't care about inmates that are locked up. They also feed the inmates with something they put in most the food that says not for human consumption and well that stuff I found out is full of parasites which eventually kills us specially if not taken care of right away. So why would they feed the inmates with stuff that says not for human consumption would the staff eat that hell no they wouldn't so why should the inmates. Because why care about the people locked up they are just messed up for all of it. And something needs to be done about this. I hope and pray something is done

about this and soon because more people die in jail and prisons for neglect on the inmates. I hope that someone can let me know the out come of all this and if have any further questions to get a hold of me by email the one I left on this form I submit. Thank you for your time and consideration. Sincerely Lynsey Adams