

Dear Oregon Legislators,

My name is Lilian Ngotho. I live in Tigard and work as a home care provider. Every day, I dedicate myself to taking care of seniors and people with disabilities. I do this work with love and compassion, but the reality is that even while caring for others, I often struggle to care for myself and my family.

As an immigrant, I do not qualify for many assistance programs, including food support. Some days, I return home from caring for others only to face an empty pantry. The stress of not knowing if there will be enough food for the week is constant. It affects my health, my focus, and my ability to do my job well.

SB 611 could change that. It would bring stability and dignity to people like me—essential workers who are the backbone of our caregiving system. Please support this bill and make food assistance accessible to all who serve Oregon, regardless of immigration status.