



FeelGoodEats Nutrition

March 26, 2025

Dear Representatives,

My name is Aida Sadeghi, and I am speaking on behalf of myself and other Certified Nutrition Specialists (CNS) in Oregon. I urge your support for **SB1174**, which establishes a clear pathway to licensure for Certified Nutrition Specialists in our state. Additionally, it is critical that the proposed amendments to Section 36 are included, as they safeguard my ability to retain my current status as a Licensed Dietitian while ensuring a smooth transition to a nutritionist license when it becomes available.

As a licensed provider, I am able to secure insurance contracts which makes my service more accessible to clients in need of nutrition care in management of chronic conditions and for preventive care to ensure good health and longevity. Up until now in Oregon, Registered Dietitians have been the only provider type eligible for this license. As with most provider types in healthcare, there is a demand and need for greater access to care. Allowing CNSs to get licensed in Oregon, will help to expand that access and also make it more affordable to patients who will be able to utilize their insurance benefits to seek care.

As a small business owner, it is important to me to be able to provide quality care that is accessible to patients. Maintaining these insurance contracts allows me to create a sustainable living for myself while lifting the financial burden of care on patients with little to no out of pocket costs. With more and more emphasis on prevention in chronic care management, these services are vital for Oregonians to ensure good health and longevity with quality of life.

I thank you for your time and consideration in how this bill can affect small businesses as well as access to care and the health of Oregonians.

Sincerely,

Aida Sadeghi, MS, CNS
Clinical Nutritionist & Owner
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