



PARKROSE SCHOOL DISTRICT
10636 Northeast Prescott Street
Portland, OR 97220
t: 503-408-2100 f: 503-408-2140
www.parkrose.k12.or.us
Superintendent Michael Lopes Serrao

Parkrose School District is an equal opportunity educator and employer.

March 26th, 2025

TO:
Chair, Senator Lew Frederick
Vice Chair, Suzanne Webber
Members of the Senate Education Committee

RE:
Support of SB 1126

Dear Senate Education Committee,

I am writing to you in support of SB 1126. There should be critical minimums for recess for young students across our state. Our current Board wellness policy restricts withholding recess as a form of punishment. Students can be accountable for their behavior without restrictions on recess time.

Regular movement outside for recess should be a right for all students. Recess is a critical part of the day for our students. Our district sees recess as an important part of each instructional day. Students have opportunities to exercise, play games, and resolve conflicts. When schools withhold recess for students as a form of consequence, we often see further exclusion, and the student struggles to reintegrate back into the school day.

Our district specifically invests in providing recess support for our students so they're able to learn and develop new skills as they play during their instructional breaks at school.

I support this common-sense approach to ensure a specific level of movement and assurance that we are not punishing students by limiting their participation in recess.

Sincerely,
Michael Lopes Serrao
Superintendent



All students graduate our schools with a strong sense of identity, empathy and the critical skills they need to innovate and follow the path of their choosing from the moment they come through our doors.