

Submitter: Karen Canan

On Behalf Of:

Committee: Senate Committee On Human Services

Measure, Appointment or Topic: SB611

The food security of food stamps has kept me and my family able to be healthy, stay together, and contribute to our community. We hope to make you proud and glad. I think the mental calm that comes from having food security is huge. It's night and day. Food stamps save lives both physically and mentally. Every time i use the card it feels like my community cares about me, and gives me energy to give back to my community. I am also a longtime member of Gleaners, and I support mutual aid gardens. It takes a village. Thank you to the State of Oregon for supporting food stamps for people to be fed.