March 20, 2025

House Committee on Behavioral Health and Health Care 900 Court Street NE Salem, Oregon 97301

RE: Support for HB 2387 – Strengthening Oregon's Psilocybin Program

Dear Chair Nosse, Co-Chairs Javadi and Nelson, and Honorable Committee Members,

Thank you for the opportunity to voice my strong support for HB 2387, the Psilocybin Program Improvement Bill. My name is Megan West, and I am both a Licensed Professional Counselor (LPC) and a Licensed Psilocybin Facilitator in Deschutes County. I have seen firsthand the profound impact of psilocybin therapy on individuals struggling with mental health challenges, and I believe this bill is essential in refining and strengthening Oregon's groundbreaking Psilocybin Services Program.

Since its launch in 2023, this program has served over 10,000 individuals, many of whom seek psilocybin therapy for conditions such as PTSD, depression, anxiety, and addiction. For many, this is their first experience with psilocybin, and they turn to the program for a safe, structured, and supportive setting. As a facilitator, I have witnessed the life-changing potential of this therapy, with some individuals experiencing lasting benefits after just a single session.

To ensure both safety and efficacy, Oregon's Psilocybin Services Program has put in place robust safeguards, including:

- Clients must be at least 21 and can only access psilocybin at a state-licensed service center under the supervision of a trained facilitator.
- A mandatory health screening process ensures suitability for treatment.
- Service centers cannot operate within 1,000 feet of a school.
- Adverse events must be reported to the state when emergency services need to be called of all the clients served, less than .12% have had emergency services.

However, despite these measures, critical gaps remain—particularly in allowing healthcare professionals to engage in the program within their scope of practice.

Key Provisions of HB 2387

1. Licensure Protections for Healthcare Providers

Currently, doctors, nurses, and mental health professionals cannot incorporate their professional expertise into psilocybin facilitation due to the risk of jeopardizing their licenses. As a result, clients are often unable to consult their healthcare providers about

whether psilocybin therapy is appropriate for them. HB 2387 creates licensure protections so that healthcare professionals can legally discuss and advise on psilocybin therapy without fear of losing their credentials.

2. Dual Licensure for Healthcare Professionals

The bill allows licensed healthcare providers who are also trained psilocybin facilitators to use their clinical expertise during preparation (pre-session) and integration (post-session) while keeping administration sessions non-directive, as required by OHA. For instance, a therapist who is also a licensed facilitator could guide a client through psychological preparation and help them process insights after their session.

3. A More Representative Psilocybin Advisory Board

The Oregon Psilocybin Advisory Board (OPAB) currently lacks representation from those directly involved in providing psilocybin services. HB 2387 ensures that at least two psilocybin service providers (one service center operator and one facilitator) and a behavioral health professional have seats on the board, improving alignment between policy and real-world practice.

4. Enhanced Product Labeling for Safety

Psilocybin products contain psilocin, a compound that is 40% more potent than psilocybin itself, yet current regulations do not require this potency information to be disclosed to clients. HB 2387 mandates clear psilocin labeling and requires facilitators to inform clients of potency variations, ensuring safer, more predictable dosing.

Oregon has the opportunity to set the national standard for psilocybin therapy by prioritizing safety, informed consent, and accessibility. HB 2387 takes crucial steps toward making this innovative program more effective and inclusive.. I urge you to support its passage and strengthen this life-changing initiative.

Thank you for your time and consideration.

Sincerely,

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Megan West, MS, LPC, CADC III, & Licensed Psilocybin Facilitator Deschutes County