



OREGON PSYCHIATRIC
PHYSICIANS ASSOCIATION

Date: March 20, 2025

To: The Honorable Chair Annessa Hartman
The Honorable Vice-Chair Hoa Nguyen
The Honorable Vice-Chair Anna Scharf
Members of the House Committee on Early Childhood and Human Services

From: David Holladay, MD, Member
Oregon Psychiatric Physicians Association Legislative Committee

RE: HB 3835, Seclusion and Restraint Reform

Chair Hartman, Vice-Chairs Nguyen and Scharf and members of the committee:

My name is Dr. David Holladay. I am a Child and Adolescent Psychiatrist with over 35 years experience working with children in a variety of treatment settings. I am writing in support of HB 3835. Much of my past work occurred in inpatient psychiatric hospitals or acute care facilities. These are settings in which seclusion and restraint has been necessary to prevent serious harm. These are heartbreaking but very needed interventions. I want to stress that decisions to use seclusion and restraint are not made lightly. They occur after every effort has been made to defuse the situation and calm the child or adolescent.

For example, I have witnessed psychotic children, responding to auditory hallucinations, repeatedly and forcefully smash their heads into walls bleeding themselves in the process. These children are in desperate need of external restraint to prevent serious injury. Inpatient facilities and service providers need to be able to readily offer these supports.

Please support HB 3835.

Thank you for the opportunity to provide our perspective on this bill.

