

Submitter: Jesse Remer  
On Behalf Of: SB1167  
Committee: Senate Committee On Early Childhood and Behavioral Health  
Measure, Appointment or Topic: SB1167

## TESTIMONY IN SUPPORT OF SB1167 – MOMNIBUS "1st Thousand Days"

Honorable Senators and Staff,

My name is Jesse Remer, and I am a resident of Multnomah County). I am writing to express my full support for SB1167, which proposes to allocate critical funding and resources to support families and ensure the healthy development of children in Oregon during the crucial first 1,000 days of life.

As a perinatal educator, trauma informed care trainer, suicide prevention trainer, doula trainer, birth and postpartum trainer for over 30 years in Oregon — the evidence is clear that to create a culture of nurturing we must focus first on the family. The study show that especially in trying financial times investing in children reduces societal cost over their lifetime.

I am personally one of those children. As a premature baby born 2 lbs. 9 oz. at 29 weeks and the first baby to be life flighted to OHSU from Southern Oregon., I was the recipient of that kind of extra care that was not only life-saving but gave me health and well-being and resiliency to give back to the profession.

This bill provides vital funding through the Oregon Department of Administrative Services (DAS) for distribution to seven key entities across the state. These investments will strengthen early childhood development, maternal health, and family support programs, addressing disparities and ensuring equitable access to care. SB1167 supports the development of a birthing village and critical care services for getting the right start for families where care deserts exist.

Funding for the first 1,000 days of a child's life (from conception to age two) is crucial because it's a critical period for brain development, laying the foundation for lifelong health and well-being, and addressing issues like malnutrition and poverty.

These investments are essential for improving maternal and infant health outcomes, reducing disparities, and ensuring families receive the support they need. As a (parent, doula, healthcare provider, community advocate—if applicable), I have seen firsthand how critical these resources are in shaping the health and well-being of Oregon's children and families.

Studies show that countries that fail to invest in the well-being of women and children in the first 1,000 days lose billions of dollars to lower economic productivity and higher health costs. It is why several of the world's leading economists have called for greater investments in the nutrition and well-being of mothers, babies, and toddlers as a way to create brighter and more prosperous futures for us all.

Explore the Research: <https://thousanddays.org/>

I urge you to support SB1167 and make this investment in our state's future. Thank you for your time and consideration.

Sincerely,  
Jesse Remer