

Submitter: Cynthia Levesque

On Behalf Of:

Committee: House Committee On Behavioral Health and Health Care

Measure, Appointment or Topic: HB3761

March 18, 2025

Cynthia Levesque
P.O. Box 5
Medford, OR 97501

Re: HB 3761 Art Therapy Insurance Reimbursement

I am writing to express my support of House Bill 3761, which supports art therapist licensure levels and insurance reimbursement. I work in an outpatient mental health and substance use treatment setting, where I have had the pleasure of working with an art therapist to support the wellbeing of the clients we care for. Working together has shown me how beneficial art therapy can be in the service of whole person recovery. I have witnessed clients that struggle with talk therapy make incredible progress with art therapy, as it can often get at material that lies just out of conscious awareness. Art therapy is an invaluable resource in the holistic treatment of individuals with co-occurring mental health and substance use diagnoses and supports clients in gaining insight and awareness that is often not accessible with traditional talk therapy alone.

It is my hope that you will see the importance of HB3761, which promotes licensure and payment on par with other master's level behavioral health providers. Your support will reduce redundancy of work being completed by multiple licensing boards in Oregon and provide a path for reimbursement for services provided by art therapists. Both of these will lead to improved quality and access to care for Oregonians.

Sincerely,

Cynthia Levesque, MS, LPC, CADAC III