Submitter:	James Henslee
On Behalf Of:	
Committee:	House Committee On Rules
Measure, Appointment or Topic:	HB3643

I am urging you to pass the Oregon Youth Suicide Awareness Day.. October 9 will encourage who ever sees the new recognization day as a starting point to proceed forward with new plans and ideas on how we are going to go forward after October 9 plannning new ways to combat mental illness issues and suicide throughout the state. The stigma of mental illnes and suicide makes most people want to steer clear of either issue.in most cases. Mental illness can be treated and with it the reduction of suicide attempts.. It's a treatable disease and it is a chance to renew our efforts to be more mindful of its presence. The government including the State of Oregon has a suicide and Crisis Hotline that can be called to diffuse suicide attempts and mental health crisis. Anyone may call the number to get mental health help. The number is 988 and is available in Oregon. No one ever expects that their family will be-a victim of a suicide. A day like October 9 will always be a starting point to renew our awareness of suicide. Please take the time to vote yes on this important bill. Thank you, Jim