

Submitter: Maryelizabeth Breton

On Behalf Of:

Committee: House Committee On Behavioral Health and Health Care

Measure, Appointment or Topic: HB2029

Dear Chairman Nosse and Members of the House Committee on Behavioral Health and Health Care:

My name is Maryelizabeth Breton, and I am a LPC practicing in Ashland, Oregon for the past 8 years.

I am writing this letter in support of HB2029.

Insurance audits are abusive and unfair and limit access to care to the people of Oregon. Please help stop this practice.

These audits not only pose challenges to mental health providers but also severely impact patient care. By deterring therapists from accepting insurance, these audits reduce access to essential mental health services. Furthermore, the potential requirement for a therapist to submit detailed client charts, compromises patient privacy and adds additional stress to clients. This invasive practice disproportionately affects those who cannot afford out-of-pocket expenses for mental health services, thus creating a significant equity issue. Individuals relying on insurance are forced to sacrifice their privacy.

Thank you for supporting this bill.

Sincerely,

Maryelizabeth Breton, MS, LPC