

Submitter: Mizuna Allman

On Behalf Of:

Committee: House Committee On Behavioral Health and Health Care

Measure, Appointment or Topic: HB2029

Dear Chairman Nosse and Members of the House Committee on Behavioral Health and Health Care:

My name is Mizuna Allman, and I am an LPC. I am a therapist in Jackson County, Oregon and have been practicing for over 10 years.

I am writing this letter in support of HB2029. Insurance audits are abusive, unfair, and limit access to care to the people of Oregon. Please help stop this practice. Audits put a lot of pressure on clinicians, affecting our abilities to provide adequate services to our clients. It also limits access to care for Oregon residents since audits could deter clinicians from working with certain insurance companies. Furthermore, the requirement for therapists to submit detailed client charts over extended periods compromises patient privacy. This invasive practice disproportionately affects those who cannot afford out-of-pocket expenses for mental health services, thus creating a significant equity issue. Individuals relying on insurance are forced to sacrifice their privacy, unlike those who can afford private pay.

Thank you for supporting this bill and reading my testimony.

Sincerely,

Mizuna Allman, LPC