

Submitter: Asha Goldstein

On Behalf Of:

Committee: House Committee On Behavioral Health and Health Care

Measure, Appointment or Topic: HB2029

Dear Chairman Nosse and Members of the House Committee on Behavioral Health and Health Care:

My name is Asha Goldstein and I am a Licensed Clinical Social Worker. I am a therapist in Jackson County, Oregon and have been practicing for 20 years. I am writing this letter in support of HB2029.

Insurance audits are abusive and unfair and limit access to care to the people of Oregon. These audits not only pose challenges to mental health providers but also severely impact patient care. By deterring therapists from accepting insurance, these audits reduce access to essential mental health services. Furthermore, the requirement for therapists to submit detailed client charts over extended periods compromises patient privacy. This invasive practice disproportionately affects those who cannot afford out-of-pocket expenses for mental health services, thus creating a significant equity issue. Individuals relying on insurance are forced to sacrifice their privacy, unlike those who can afford private pay. Please help stop this practice.

Thank you for supporting this bill.

Sincerely,

Asha Goldstein, LCSW