

Submitter: Zoe Chrisman Miller
On Behalf Of:
Committee: House Committee On Behavioral Health and Health
Care
Measure, Appointment or Topic: HB2029

My name is Zoe Chrisman-Miller and I am an LPC in Oregon. I am writing this letter in support of HB2029.

I have been practicing as a mental health provider since 2019 and have continued to encounter the negative impact of predatory insurance audits throughout my career.

Insurance audits, in their current form, have generated fear and uncertainty amongst myself and my fellow practitioners and have inhibited our ability to provide the care that our clients need and deserve. Out of an abundance of caution and fear of being audited, I spend approximately 30 minutes writing a note for each therapy session - this is valuable time that I could be providing services to additional clients. I constantly feel unsure about what is required of me by each insurance company and struggle with finding "proof of medical necessity" while focusing on helping my clients grow.

Insurance audits are abusive and unfair and limit access to care to the people of Oregon. Please help us stop this practice.

Thank you for supporting this bill.

Sincerely,
Zoe Chrisman-Miller, LPC