## Erica Ochsenreither, PhD, LPC, ATR-BC, LCAT

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## 3/10/2025

Dear Chairman Nosse and Members of the House Committee on Behavioral Health and Health Care:

My name is Erica Ochsenreither, and I am a licensed therapist in Bend, Oregon. I hold a PhD, LPC, ATR-BC, and LCAT, and I have been practicing since 2019. I am writing to express my strong support for **HB 2029**, which seeks to address the harmful and unfair practice of insurance audits.

Insurance audits are not only burdensome but also abusive in nature. They often create unnecessary obstacles for both providers and patients, ultimately limiting access to crucial mental health care for the people of Oregon. This practice disproportionately affects vulnerable individuals who rely on timely and effective therapy to improve their mental health and wellbeing.

I urge you to support this bill and help put an end to this damaging practice. Your support would be instrumental in ensuring that individuals in Oregon can receive the care they need without unnecessary barriers.

Thank you for your time and for your commitment to improving access to mental health care in our state.

Sincerely,

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Erica Ochsenreither, PhD, LPC, ATR-BC, LCAT