

Submitter: Shayla Nice  
On Behalf Of: Self and person with disabilities  
Committee: Senate Committee On Housing and Development  
Measure, Appointment or Topic: SB54

I am a person with disabilities who struggles greatly with extreme heat. I have epilepsy which when the weather is very hot can trigger seizures which in some cases can be deadly and I also struggle with temperature regulation as well as asthma. In the past this combination of health problems along with heat has lead to hospital visits and heat stroke symptoms. I used to live in a 6 story building and any time the temperature went above 70 degrees outside the inside temperature in my apartment would go above 85 and it would be humid at the same time. When the temperature outside went above 90 inside the temperature was about 15 degrees or more hotter. Depending on the floor I lived on it would get even worse. There was no cooling system available and I could not afford to buy an air conditioner because I live on social security. These conditions are dangerous for everybody but especially for those with chronic health conditions and disabilities.