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On Behalf Of:	
Committee:	Senate Committee On Human Services
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Over the past 20 years my husband and I have managed the care for his parents, for my parents and for my disabled sister. We have managed our family in their homes, in our home, in foster care, assisted living and in memory care.

Although caregiving has been a large part of my life I continue to find the many decisions that must be made for others to be challenging. As a member of the Rawlin Independent Family Council, I meet online once a month. Speakers have addressed many topics that have been helpful for my mother's care. Some of these topics are foot care, hospice and patient rights. Another valuable part of each meeting involves the council members discussing care problems and sharing information.

Caring for aging and disabled family members is important work and independent family councils offer much needed support and information to caregivers such as myself.