

Submitter: Caitlyn O'Sullivan

On Behalf Of:

Committee: Senate Committee On Veterans, Emergency
Management, Federal and World Affairs

Measure, Appointment SB566
or Topic:

Dear Committee Persons,

I strive to be a working member of society despite living with multiple chronic illnesses. Every year, daylight saving causes months of disruptive health challenges that hinder those efforts. Daylight saving is harmful to the health of myself, and so many people living with chronic illnesses. It is time to realign with our natural circadian rhythms for a healthier society.

Thank You,
Caitlyn O'Sullivan