

Submitter: Sophie Biddle
On Behalf Of:
Committee: Senate Committee On Early Childhood and Behavioral Health
Measure, Appointment or Topic: SB692

Hello,

My name is Sophie, I am a new mom living in Portland. I'm writing to express my support for SB 692 because I know my birth and postpartum experience were positively shaped by my birth and postpartum doula, and access to a lactation consultant. I suffered an unpreventable birth injury that my doula was instrumental in supporting me in my recovery. When my mental health became poor my doula immediately worked to connect me with proper support to get well both physically and mentally. I believe every parent who is giving birth and breastfeeding needs access to these care professionals. We can improve health outcomes and community resilience by investing in perinatal support.

Thank you for your time and consideration.