

Oregon Association for Behavior Analysis

ORABA

House Committee on Behavioral Health and Healthcare

1800 NW 169th PL Suite B100 Beaverton, OR 97006 900 Court Street NE Salem, OR 97301

February 13th, 2025

RE: HB 2023 SUPPORT

Dear Representative Rob Nosse and members of the House Committee on Behavioral Health and Healthcare,

The attached items are submitted to supplement ORABA's testimony in support of HB 2023.

Oregon bill HB 2023 aims to expand insurance coverage of Applied Behavior Analysis (ABA) beyond autism, ensuring access for individuals with other developmental, intellectual, and behavioral conditions. A key precedent for this expansion is Massachusetts bill S.2970, which recognized the broader applications of ABA and set the stage for more inclusive coverage policies. By following Massachusetts' lead, Oregon can ensure that individuals who could benefit from ABA—regardless of diagnosis—receive the support they need. Passing H2023 would remove barriers to care and align Oregon with a growing movement toward equitable access to behavioral health services.

Respectfully,

Mackenzie Bangs, BCBA, LBA

ORABA President

Miriam Arellano, BCBA, LBA

ORABA Vice President

Kiel Rotarius, BCBA, LBA

ORABA Public Policy Committee

Co-Chair

The Commonwealth of Massachusetts

In the One Hundred and Ninety-Third General Court (2023-2024)

SENATE, October 24, 2024.

The committee on Senate Ways and Means to whom was referred the Senate Bill relative to applied behavioral analysis therapy (Senate, No. 617), - reports, recommending that the same ought to pass with an amendment substituting a new draft with the same title (Senate, No. 2970).

For the committee, Michael J. Rodrigues

The Commonwealth of Massachusetts

In the One Hundred and Ninety-Third General Court (2023-2024)

An Act relative to applied behavioral analysis therapy.

Be it enacted by the Senate and House of Representatives in General Court assembled, and by the authority of the same, as follows:

- SECTION 1. Chapter 32A of the General Laws is hereby amended by inserting after section 25 the following section:-
- 3 Section 25A. For purposes of this section, "Down syndrome" shall mean a chromosomal
- 4 condition caused by an error in cell division that results in the presence of an extra whole or
- 5 partial copy of chromosome 21. The commission shall provide to any active or retired employee
- 6 of the commonwealth who is insured under the group insurance commission coverage for the
- 7 treatment of Down syndrome through speech therapy, occupational therapy, physical therapy and
- 8 applied behavior analysis services.
- 9 SECTION 2. Chapter 118E of the General Laws is hereby amended by inserting after 10 section 10H the following section:-
- Section 10H1/2. For purposes of this section, "Down syndrome" shall mean a
- 12 chromosomal condition caused by an error in cell division that results in the presence of an extra
- whole or partial copy of chromosome 21. The division and its contracted health insurers, health

plans, health maintenance organizations, behavioral health management firms and third-party administrators under contract to a Medicaid managed care organization or primary care clinician plan shall provide coverage for the treatment of Down syndrome through speech therapy, occupational therapy, physical therapy and applied behavior analysis services.

SECTION 3. Chapter 175 of the General Laws is hereby amended by inserting after section 47AA the following section:-

Section 47AA1/2. For purposes of this section, "Down syndrome" shall mean a chromosomal condition caused by an error in cell division that results in the presence of an extra whole or partial copy of chromosome 21. Any policy, contract, agreement, plan or certificate of insurance issued, delivered or renewed within the commonwealth, which is considered creditable coverage under section 1 of chapter 111M, shall provide coverage for the treatment of Down syndrome through speech therapy, occupational therapy, physical therapy and applied behavior analysis services.

SECTION 4. Chapter 176A of the General Laws is hereby amended by inserting after section 8DD the following section:-

Section 8DD1/2. For purposes of this section, "Down syndrome" shall mean a chromosomal condition caused by an error in cell division that results in the presence of an extra whole or partial copy of chromosome 21. Any contract between a subscriber and the corporation under an individual or group hospital service plan that is delivered, issued or renewed within the commonwealth shall provide coverage for the treatment of Down syndrome through speech therapy, occupational therapy, physical therapy and applied behavior analysis services.

SECTION 5. Chapter 176B of the General laws is hereby amended by inserting after section 4DD the following section:-

Section 4DD1/2. For purposes of this section, "Down syndrome" shall mean a chromosomal condition caused by an error in cell division that results in the presence of an extra whole or partial copy of chromosome 21. A subscription certificate under an individual or group medical service agreement delivered, issued or renewed within the commonwealth shall provide coverage for the treatment of Down syndrome through speech therapy, occupational therapy, physical therapy and applied behavior analysis services.

SECTION 6. Chapter 176G of the General Laws is hereby amended by inserting after section 4V the following section:-

Section 4V1/2. For purposes of this section, "Down syndrome" shall mean a chromosomal condition caused by an error in cell division that results in the presence of an extra whole or partial copy of chromosome 21. An individual or group health maintenance contract that is issued or renewed in the commonwealth shall provide coverage for the treatment of Down syndrome through speech therapy, occupational therapy, physical therapy and applied behavior analysis services.

SECTION 7. This act shall take effect on January 1, 2026.



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Uncategorized

Governor Maura Healey Signs Rep Lewis' Landmark A.B.A Therapy Bill into Law



By Representative Jack Lewis

January 14, 2025

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Photo credits to the Massachusetts Down Syndrome Congress

Sovernor Maura Healey
signed the A.B.A. Therapy
Bill, officially named "An Act
regarding Applied
Behavioral Analysis for
Down syndrome" into law on
January 9th. The landmark
legislation, sponsored by
the Massachusetts Down
Syndrome Congress
(MDSC), will require private
insurers and MassHealth to

cover the cost of in-home ABA therapy for children with a single diagnosis of Down syndrome. It has been MDSC's top statewide policy priority for the past six years.

"We can't thank Governor Healey and House and Senate leaders enough for making the ABA Therapy bill one of their top priorities in the final days of this legislative session," said **Maureen Gallagher, MDSC Executive Director**. "We applaud them for doing what they needed to pass such an important law before their end-of-year session deadline. It is truly a New Year's gift for many in our community."

"A significant amount of peer-reviewed medical research has concluded that ABA is an effective — often transformative — therapy for individuals with Down syndrome," Gallagher added. "Unfortunately, until now it has remained only available to people with Down syndrome who either happen to have a dual diagnosis of autism or who have family that can afford to pay privately.

MDSC would like to thank Governor Healy and the many state leaders for their critical role in helping pass this legislation:

Senate President Karen Spilka and House Speaker Ron
Mariano; Senate Ways and Means Committee Chair Michael
Rodrigues and Policy Director Jeremy Spittle; House Ways
and Means Committee Chair Aaron Michlewitz and
Legislative Director Tim Sheridan; our incredible bill sponsors
Senator Julian Cyr, Rep. Jack Patrick Lewis, and Rep. Sean
Garballey; Senator Bruce Tarr and Rep. Donald Wong; Joint
Committee on Healthcare Financing Committee Chairs State
Senator Cindy Friedman and Rep. John Lawn; Joint
Committee on Financial Services Chairs Sen. Senator Paul
Feeney and State Representative James M. Murphy; former
House Chair of the Commission on the Status of Persons
with Disabilities Denise Garlick; and former State Rep. Josh
S. Cutler, Undersecretary in the Executive Office of Labor &
Workforce Development.

MDSC would also like to thank the following individuals for their crucial testimony, support and advocacy: Dr. Brian Skotko, Director of the MassGeneral Hospital Down Syndrome Program and Chair of the MDSC Medical and Scientific Advisory Council; Clorinda Cottrell, MSW, LICSW, Clinical Social Worker: Dr. Nicole Baumer, Former Director of the Down Syndrome Program at Boston Children's Hospital and member of the MDSC Medical and Scientific Advisory Council; Angela Lombardo, MSW, Program Manager of the Down Syndrome Program at Boston Children's Hospital; MDSC Government Affairs Consultant Jane Lane; MDSC Government Affairs Committee Members; Kim Tripp Legendre and each of the MDSC families who bravely testified on behalf of their children during a number of public hearings over the past few years; as well as all our MDSC members who reached out to their local legislator by phone or email to ask for their support.

"Passing this critical legislation just before the end of the year deadline was a true team effort for a larger cause," Gallagher said. "Ultimately, for those families in our community who need but have not received at-home ABA therapy, insurance coverage will now have the potential to change their and their children's lives in real, meaningful, and lifelong ways." (You can read her full testimony here.)

"For far too long, individuals living with Down syndrome and their families, who endure struggles on a daily basis and would greatly benefit from at-home applied behavioral analysis (ABA) therapy, have unfortunately been denied access because of a decades old discrepancy in how insurance coverage is applied," said **State Senator Michael** J. Rodrigues (D-Westport), Chair of the Senate **Committee on Ways and Means**. "Fortunately, because of the steadfast advocacy of the Down syndrome community, including the Massachusetts Down Syndrome Congress, the gap in insurance coverage will be gone thanks to the stroke of Governor Healey's pen. With this new law, health insurers are required to provide insurance coverage for ABA services to families and their children with Down syndrome, ensuring long overdue access to this important and essential therapy that will meaningfully benefit this population for generations to come."

"Applied Behavioral Analysis therapy has proven transformative for so many," said **State Senator Julian Cyr**, who sponsored the bill in the Senate, "yet too often, access to this essential support is out of reach for those who need it most. By ensuring insurance coverage for at-home ABA therapy, this legislation will make a powerful difference for families across the Commonwealth, lifting a burden that has

existed for too long. It's about time we make this goldstandard care accessible to all, so every child has the chance to realize their fullest potential."

"My first sister was born with Down syndrome, and though she passed away before I was born," recalled **State Rep. Jack Patrick Lewis**, one of the bill's House sponsors, "the question of how our family and society could have best ensured she had a lifetime of opportunities was regularly discussed in our house. Filing this bill with Rep. Garballey and Senator Cyr answered the same question my mom regularly asked: 'How could we have ensured that my sister had all the opportunities she needed and deserved to thrive?'"

"This legislation will improve the quality of life for those living with Down syndrome across our Commonwealth" said State **Rep. Sean Garballey**, also a bill co-sponsor. "I have been proud to partner with the MDSC, Representative Lewis, Senator Cyr, and advocates across Massachusetts in working to make sure individuals with Down syndrome have access to services they need to lead fulfilling lives."

Learn more about the MDSC's state and federal advocacy efforts on MDSC's Legislative Action Center (mdsc.org/takeaction), one of MDSC's four Centers of Excellence.

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About the MDSC The MDSC offers a broad array of programs to serve people with Down syndrome and their families throughout the state, including: our signature Parent's First Call Program, a volunteer, state-wide group of trained parent mentors available 24/7 that is a national model; two major

annual conferences that draw national and international experts in their fields; a Buddy Walk® Program that gives individuals, schools, community groups, and local businesses an opportunity to get involved in fundraising campaigns and events year-round; Self-Advocate Programs like Advocates in Motion and our Self-Advocate Advisory Council, which provide opportunities for teens and adults with Down syndrome while making empowerment a central component. MDSC is established as a local and national leader in disability advocacy, passing more than half a dozen pieces of landmark legislation in MA since 2012. MDSC operates four Centers of Excellence: the Legislative Action Center, National Parents First Call Center, Center on Inclusive Education and Your Next Star Employment Center, as well as a fully searchable online Resource Library.



Framingham State
University Hosts Nelson
Mandela's Grandson Ndaba
Mandela for Special Lecture



By Representative Jack Lewis