

2/12/2025

Honorable Representative Rob Nosse  
Chair, House Committee on Behavioral Health and Health Care  
900 Court Street NE, Room 453  
Salem, OR 97301

Dear Representative Nosse,

I am writing to express my strong support for HB 2023, which proposes to establish health insurance coverage for applied behavior analysis (ABA) therapy for individuals with intellectual and developmental disability diagnoses, ensuring parity with coverage for autism spectrum disorder diagnoses. This legislation is crucial for expanding access to essential ABA services for a broader population in need.

I currently work as a Center Director in Washington County. We provide ABA services primarily through private insurance. The center I provide services in is located in Washington County. We are fortunate to provide services to those who have private insurance and due to insurance mandates, a diagnosis of autism spectrum disorder (ASD).

I strongly support and would advocate for the adoption of HB 2023. Oftentimes, we receive inquiries for services for individuals who do not have ASD; however, their family has been advised to seek out ABA services for their loved one. Typically, these families are not able to pursue services given that their insurance does not cover ABA services without an ASD diagnosis. There is extensive research indicating that ABA can be beneficial for individuals regardless of specific diagnosis; however, given the language and mandates related to ABA services, individuals who could benefit from this support are unable to do so.

HB 2023 is a necessary step toward equitable access to evidence-based therapies for individuals with intellectual and developmental disabilities. We respectfully urge the committee to vote in favor of HB 2023.

Thank you for your time and service to the state of Oregon.

Sincerely,

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