

COURTNEY NERON
STATE REPRESENTATIVE
DISTRICT 26



HOUSE OF REPRESENTATIVES
Testimony in Support of HB 3064

February 11, 2025

Chair Nosse, Vice Chair Nelson, Vice Chair Javadi, and Members of the Committee on Behavioral Health and Health Care,

I write in **support of HB 3064** – a bill that addresses a critical gap in healthcare coverage by ensuring access to essential treatments for individuals experiencing perimenopause, menopause, and postmenopause.

On behalf of my constituents, and as one of the many women in Oregon whose concerns have been misunderstood or dismissed, I am also here to say that it is time Oregon prioritizes access care and treatment that can help women understand our symptoms and thrive as we age.

Despite the profound impact of this phase of a woman's life —affecting sleep, joint pain, cardiovascular health, bone density and more—many individuals struggle to access the treatments they need due to inconsistent insurance coverage.

By requiring health insurers, OEBB, and PEBB to cover evidence-based treatments such as hormone therapy, osteoporosis medications, and other necessary interventions, HB 3064 recognizes perimenopause to postmenopause as a health topic that deserves our attention.

The consequences of untreated menopause symptoms extend beyond personal discomfort. Left unaddressed, they can lead to increased healthcare costs, lost productivity, and heightened risks of serious health conditions. Expanding coverage for menopause-related treatments is not only a matter of health equity but also a sound investment in public health and economic stability.

For too long, women's health, and menopause specifically, has been underrepresented in healthcare policy. HB 3064 guarantees that patients can access the treatments prescribed by their doctors without interference from insurance-imposed barriers.

I urge the committee to support this bill and improve women's healthcare coverage in Oregon.

Sincerely,