

Submitter: Colleen Nakanishi

On Behalf Of:

Committee: House Committee On Education

Measure, Appointment or Topic: HB2729

Chair Neron and Members of the Committee:

My name is Colleen Nakanishi, and I am the Social Services Manager for the Tigard-Tualatin School District. I'm writing in support of HB 2729, which provides critical resources that youth and families across Oregon need now. Oregon is ranked 49th in the nation for youth mental health, and it's showing in our schools through rampant behavior issues and high rates of chronic absenteeism. HB 2729 provides evidence-based resources that will be quickly available for schools to support youth mental and physical health. A study conducted in Oregon found that youth are 10-21x more likely to seek mental health support at a school-based health center (SBHC) and that SBHCs that increased mental health capacity were 12% less likely to report a depressive episode; 16% less likely to report suicidal ideation; and 18% less likely to report a suicide attempt. I support this bill because now, more than ever, our students need more wrap-around supports. A huge way for students to access care is through school for convenience and as a trusted place. We also need to band together as a community to support our students and families who are facing uncertainty and hardship. Our youth need this now and these resources will allow for an immediate increase in our capacity to support them. I urge you to vote yes on HB 2729.

Thank you,
Colleen Nakanishi