## MEMORANDUM



To: Chair Neron, Vice Chairs Dobson and McIntire, and members of the House Committee on Education

From: Marty Carty, Governmental Affairs Director, Oregon Primary Care Association

Date: February 3, 2025

Re: Support HB 3169

Community health centers (CHC) are the cornerstone of primary care across our state and a core part of their mission is accepting all patients regardless of insurance, where they were born, or ability to pay. The CHC model of integrated care has led to <u>24% lower costs</u> to the system for Medicaid patients as compared to other primary care settings. School Based Health Centers (SBHCs) are an extension of that efficient health care model and serve as a point-of-access for students and their families who might otherwise not have consistent access to health care in rural, urban, and frontier communities. The result – better health, better care, and lower costs.

Over 70% of SBHCs across the state are operated by CHCs in partnership with local school and education service districts. These community-based clinics are located either within a school, on school grounds, or as a mobile medical van. These unique partnerships connect children and families to the high-quality health care they need to thrive. Embedded in their communities, SBHCs provide culturally responsive, essential health care services while reducing barriers such as transportation, which often keeps children and their families from seeking the health services they need. SBHCs are community centered, culturally responsive solutions that can reduce cost and health deserts while building trust with patients who face economic, neighborhood, racial, language, and cultural barriers to care.

OPCA recognizes the urgent mental health crisis that is impacting Oregon's youth and SBHCs are perfectly positioned to address this growing need. Oregon's CHCs are expanding their capacity to provide trauma-informed care in the areas of mental and behavioral health care – for most, a behavioral health screening is a standard part of care. Others are increasing staff capacity for Substance Use Disorder prevention. When SBHCs are able to provide <u>on-site mental health care</u>, they can reduce incidences of depression, suicide, and substance use. In addition to providing medical and dental care, which are associated with better school performance and attendance, <u>providing trauma-informed mental health counseling</u> reduces disparities in mental health care utilization among students and families who have been historically marginalized, including children of color, those who are LGBTQIA2S+, people who live in rural areas, and who have disabilities. SBHCs have the potential to mitigate the risks of <u>Adverse Childhood Experiences (ACEs)</u> by supporting positive relationship-building with adults and diminishing impacts of chronic stress and trauma – this

reduces risk for chronic disease over the course of life and extends children's life expectancy. Having access to trauma-informed mental health services at SBHCs can literally save lives, immediately and in the future. For those reasons we urge your support of SB 549-1.

Sincerely,

Marty Carty Governmental Affairs Director

> The Oregon Primary Care Association (OPCA) is the nonprofit membership organization for the state's 34 federally qualified health centers (FQHCs). OPCA member clinics deliver comprehensive, culturally responsive integrated medical, dental, and behavioral health services for traditionally underserved communities. As a unifying voice of Oregon's FQHCs, OPCA drives transformative policy development to advance health equity across the state and beyond.

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