

Submitter: Andrew Chin
On Behalf Of:
Committee: House Committee On Behavioral Health and Health Care
Measure, Appointment or Topic: HB2143

I am a graduated acupuncture student in Oregon with a passion for getting 5NP into the ears of many more people than previously possible. Currently only licensed acupuncturists can provide 5NP to patients, and the barriers to licensure are high. You must go to an accredited school, which can last 3-4 years, and pass three national board exams. 5NP is a safe, effective protocol that addresses behavioral health issues such as addiction, mental health, disaster and emotional trauma. It involves placing thin stainless steel needles into specific points on the ear in a group setting for 30-45 minutes. 23 states already have a law that allows laypeople to train to administer this treatment as acudetox specialists. It is high time that Oregon joined these states. I can testify to the effectiveness of 5NP for behavioral health, because receiving this treatment during times of acute emotional distress has facilitated a gentle transition into a regulated state of my nervous system. Given the opportunity to be put in the hands of more acudetox specialists, it is a valuable tool that treats the underlying causes of addiction as well as curb cravings. Because the entire treatment involves only the ear, there are no chances to accidentally puncture an organ, and you can use the ear to treat the whole body system. I strongly encourage the passing of this bill.