

Submitter: Jennifer Gordon

On Behalf Of:

Committee: House Committee On Climate, Energy, and Environment

Measure, Appointment or Topic: HB3170

Date: January 28, 2025 To: House Committee on Energy and Environment Subject: Support for Resilience Hubs and Networks Dear Chair Lively, Vice–Chair Gamba, Vice–Chair Bobby Levy, and Members of the House Committee On Climate, Energy, and Environment: My name is Dr. Jennifer Gordon, and I live in Eugene, Oregon and I am writing because of my concern for navigating the ecological predicament we face with climate chaos and 'natural disasters'. In my clinical work as a psychologist, I witness the rise in eco-anxiety, despair and helplessness people feel as temperatures rise and fires burn. I also witness the effects of the pandemic upon isolation and loneliness. I support HB 3170 to provide an additional \$10 million in funding for Resilience Hubs and Networks. 'Community is medicine', as we are social by nature and we need connection to each other. When we work together to help each other, as resilience hubs and networks provide, our mental health improves. Taking action is an antidote to despair. I urge you to support HB 3170 so we can continue building strong Oregon communities. Sincerely, Jennifer Gordon, PhD Eugene, Oregon