

Submitter: Dolores Ann Jimerson  
On Behalf Of:  
Committee: House Committee On Behavioral Health and Health Care  
Measure, Appointment or Topic: HB2143

My name is Dolores Jimerson and am an Oregon licensed clinical social worker who is a certified acudetox provider and registered trainer through the National Acupuncture Detoxification Association. I was trained in 2016 so I could provide 5NP at Yellowhawk Tribal Health Center on the Umatilla Indian Reservation. This treatment quickly caught on as it was anecdotally proving effective with patients who were on hospice, experiencing chronic pain, trying to stop smoking, maintain recovery as well as those trying to get clean. Additionally, people with trauma backgrounds were reporting that 5NP helped them to open up and fully engage in talk therapy. OR Tribes leveraged sovereignty to include 5NP in their communities. We've used 5NP to respond to crises such as the Wildhorse Casino shooting and the opioid epidemic. We delivered treatment at the 2023 National Tribal Opioid Summit. I've trained several people in Umatilla County to be providers and the current OR Tribal CADC1 Cohort was trained. They delivered treatments at the 2024 OR Tribal Opioid Summit.

I urge the passing of HB2143 to bring 5NP throughout the state so others can experience this affordable, easy to access and easy to deliver treatment which is effective for addictions, but also effective for mental health, physical health and alleviating stress.